



Soft Food

- ◆ **Why soft?** Many people that are homeless have poor dental health so, we want to make sure what they eat won't hurt their teeth or gums.
- ◆ Purchase packaged granola bars (soft) either nut free or with nuts but make sure the label says so! Cookies or soft candies are a great treat too!
- ◆ Make sure they are sealed and not damaged.



Where are the SOC's going to?

150 will go to Our Daily Bread which is sponsored by Kootenay Christian Fellowship



150 will go to the Salvation Army and distributed to homeless and needy in the Nelson area.



**Giving
Hope
Today**

For more info, contact
Pastor Sara at First Baptist Church Nelson
sara@fbcnelson.ca 250-330-0841
or
Doreen Reimer at Kootenay Christian Fellowship
250-354-2077



**November 12
to
December 22**

**Let's show Nelson
how much we care!**





How do I build a SOC?

Here are a couple of ideas...

Well, the SOC (Sock of Care) can and should be pretty easy to make and won't bust your bank!

Step 1 Use a clean / new pair of winter weight socks.
Wool socks are Ideal!

Step 2 Place one sock in the other so it is doubled.

Step 3 Go and find / purchase some items that can fit safely inside the



Step 4 Leave a personal note. Add a Christmas greeting. Encourage them. Tell the person receiving the SOC that they matter and they have value. Tell them they are loved and that they belong.

Step 5 Tie the SOC with a Blue or Pink ribbon or string to indicate that the items are for specific gender.

Tie with a string nice and tight!
Take the SOC to the drop-off place.

You Are DONE!

And do not forget to do good and to share with others, for with such sacrifices God is pleased. — Hebrews 13:16



ITEMS TO INCLUDE:

Toothbrush and Toothpaste

Comb or Brush

Deodorant

Hair ties

Lip balm

Hand Cream

Nail Clippers

Anti-bacterial lotion

Moist hand wipes

Gloves or Mittens

Scarf / Toque

Gift card for a sandwich shop

Gift card for a coffee shop

Soft foods *see special section

ITEMS NOT TO INCLUDE:

Your personal information

No Razors or knives

No mouthwash

Used products